

Brighton Plastic Surgery Centre

Mr. Keith Mutimer

Autumn 2009, Issue 1

Introduction

Welcome to Mr. Keith Mutimer's Cosmetic and Reconstructive Practice.

He has been in private practice for over 20 years and is a member of Australasian Society of Plastic Surgeons, American Society of Plastic Surgeons and is Honorary Treasurer of the Royal Australasian College of Surgeons.

Mr. Keith Mutimer is a fully qualified plastic surgeon who has had many years experience in cosmetic procedures such as face, breast, abdomen, rhinoplasty, liposuction, skin cancer excision and anti-wrinkle treatments.



Mr. Keith Mutimer and his trained staff aim to help you to understand what can be achieved with plastic surgery.

It is about looking and feeling good about yourself, as well as being completely informed, in detail, about the procedure you wish to have.

Mr. Keith Mutimer has an accredited modern day surgery which incorporates an operating room, dedicated nursing and medical staff.

Brighton Plastic Surgery Centre has the latest up-to-date equipment which focuses on patient care, comfort and confidentiality.

Procedures performed by Mr. Keith Mutimer

Facial Rejuvenation	Breast Reduction	Skin Cancer excision
Meloplasty	Breast uplift / Augmentation	Mole Removal
New York Face Lift	Breast Uplift Mastopexy)	Abdominoplasty
Pre-Auricular Facelift	Liposuction (SAL / UAL)	Arm lift
MACS face lift	Scar revision	Cheek/Chin/Nasal
Upper Face Rejuvenation	Combined Abdomen and Breast Surgeries	Implants
Lower Blepharoplasty	Gynaecomastia (Breast reduction for men)	Laser resurfacing
Upper Blepharoplasty	Dermal Fillers	Fat Injections Otoplasty
Neck Lift	Anti-Wrinkle Treatments	
Endobrowlift		
Rhinoplasty		
Breast Augmentation		
Lower Blepharoplasty		

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Restore your post pregnancy body to its former shape.

For many women having a baby takes a toll on their body shape and their new post baby body can affect self esteem and confidence levels.

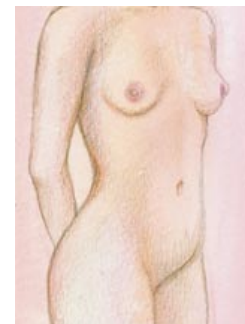
Diet and exercise improves the areas to some extent but the reality is some of the changes from pregnancy are structural and can only be improved by plastic surgery.

These procedures are not about obtaining the "perfect body" they are about restoring your physique to what it was prior to child birth.

Everyday mothers are choosing plastic surgery to enhance self esteem and positive feelings and to match the joy of having children.

There are various options available these include:

*Abdominoplasty
Breast Augmentation
Lift / Reduction
Liposuction*



**Restoration
not
Transformation**

Patient Testimonial – Tummy Tuck

"As a mother of three children I would go to the gym five times a week with no results. I became disillusioned and self conscious of being seen naked. My relationship became strained because of my low self esteem.

"My next step was to make an appointment with Mr. Keith Mutimer which was very confronting at first.

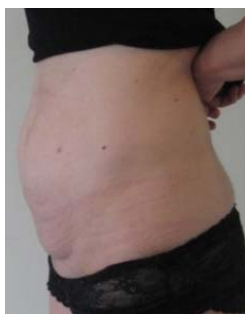
After my appointment with Mr. Mutimer and his staff, they made me feel comfortable with my procedure. They took the time to listen to my concerns and were very patient and professional."

"During my recovery I was very well cared for and felt comfortable and assured with the whole process."

"Now I am no longer self conscious and have more self confidence. I am thrilled with the results and have a flat tummy without doing any sit-ups. I can now wear clothes and jeans which I have not been able to wear in years.

"I can't believe how much this surgery has changed my life."

Before & After Photographs



BEFORE



**6 weeks
POST**



**1 YEAR
POST**

Sub - Q

Restylane Sub Q is specially designed for volume and contouring of the facial features to create excellent facial definition.

Restylane Sub Q is a clear gel based on non-animal hyaluronic acid. This treatment is ideal if you are looking for sculpted facial contours, such as the chin and cheeks, or wish to enhance your features.

Treatments with Restylane Sub Q require only a short downtime and delivers safely and instantly the volume needed to achieve a smooth lift, with optimal results.



The beauty of it is you can see the improvement in your facial contours immediately.

The result is long lasting but not permanent, so you can vary the treatment as often as you want.

“If you are looking to enhance your looks with a natural substance which achieves a visible, long-lasting aesthetic result RESTYLANE is made for you.”



Sclerotherapy

VEIN... VEIN....GO AWAY.....

Dr. Andrei Grigorian, who specialises in phlebology, is joining our team for this new exciting clinic.

Spider veins are small, thin blood vessels that lie close to the surface of the skin and appear red or blue. These small, enlarged blood vessels may be short, unconnected lines or may be connected in a spider web or cluster pattern.

Spider veins can cover a large area of skin and be quite unattractive. They are most common in the thighs, ankles and feet. Spider veins can occur in men or women of any age.

Spider veins cannot be removed through surgery. Spider veins are treated with “Sclerotherapy”.

Sclerotherapy uses a fine needle to inject a solution directly into the vein. This solution irritates the lining of the vein, causing collapse of the inner lining and ultimately the vein. The vein turns into scar tissue that fades from view.

Dr. Grigorian will explain at your consult on possible complications which can occur post your treatment.